



Bear Valley Center for Spiritual Enrichment
A Religious Science Community

.....Open at the Top....

August 2011
Newsletter

Sunday Services, 11:30 a.m. 578 Bonanza Trail, Big Bear Lake

*(Across the street from the Little Greenhouse florist)
(Next door to Mama Bear's Vitamins)*

P. O. Box 4184, Big Bear Lake, CA 92315

909-866-7100, Email: bvcse@earthlink.net. Website: www.bvcse.org

*Our purpose is to inspire and nurture spiritual growth by accepting a loving, all inclusive community through teaching, healing, and serving, for the highest good of all.
We are the Mind of God knowing, the Heart of God loving, and the Hands of God serving.*

Message from the Board

Expanding the Vision

Attending the Board meetings once a month I have come to see each member and advisor in a very special way. By being just who they are they offer a living example of great consciousness, helping our Center continue to be "the mind of God knowing, the hands of God serving and the heart of God loving".



Here are a few things I want to share, to honor all past, present and future Trustee members. These qualities are alive and well today in the leaders of our Center -- each and every one of them!

1. In living your values it allows you to become a positive source of inspiration for others. Don't hide – express yourself and embrace life. One person can make a difference. You do!
2. When you communicate your views, it is done in a nondogmatic manner. You allow others to ask questions and only offer as much information that everyone is ready to receive.
3. The spark of consciousness is easy for you. It's your gift. It's easy. It's a smile, a hug, a handshake that can pique another's curiosity and prompt them to begin the exploration of their soul.
4. As you recognize and acknowledge the inherent value in everyone you encounter you teach them how to value others. You are mini-ministers as you, by example, encourage others (even challenging ones), as you respect them first.



August Speakers & Topics

August 7th

Janet Grace
"Rise to Your Greatness"

August 14th

Rev. Dr. Linda Logan
"Who Are You and What Do You Want?"

August 21st

Rev Sunshine Daye & Sunny
"It's an Inside Job"

August 28th

Rev. Dr. Linda Logan
"Open at the Top"

Our Board members strive to expand the vision of our mission statement by the adherence to the principles of Religious Science with respect and integrity.

There are lots of good things to look forward to in the following months. Read the emails, check the calendar. Get excited. Join the fun! Come and see for yourself. Attend a Board meeting, for all are welcome. Got a great idea? Share it. We are always open to suggestions.

*With love,
Sally Cornett*

Your Practitioners

Carolyn Dawley
909-585-5350

Sally Cornett
936-5284 or 866-3456

Sherrie Kral
909-262-1760 or 584-2042

Janet Grace Nelson
818-378-8663



These loving souls are available to support you in prayer for any challenges you might be facing.

Your Church Board

Officers

Glenn Stuart, President	585-0433
Susan Conley, Vice President	584-7508
Sherrie Kral, Secretary	584-2042 or 262-1760
Marty Lipp, Treasurer	584-1104

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Sally Cornett	936-5284 or 866-3456
Janet Grace Nelson	818-378-8663
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Sherry Noone – Editor
Julie Grandi – Design

Church Administrative Assistant – Sandy Morrell

This is my first article as a real, licensed practitioner! We graduated from being PIT's at the end of June and we received our licenses the middle of July. I've been reflecting on my four-year journey and am amazed and so blessed at all the changes in my life. I love how Science of Mind is a philosophy, a way of life. It is something that is easy to use in every aspect of everyday living. One of my classmates was in Big Bear for a visit a few weekends ago and we saw exactly how awesome the whole process is!



My friend and her husband have been talking about moving for a long time. They knew what they wanted, but not where they wanted to go. While in town, my friend decided to look at what was available to rent in Big Bear since this was one of the places they had considered. We contacted a Realtor and drove by lots of possible rentals, some good, some not so good. Finally my friend just threw up her hands and said: Universe, give me a sign! On the way back to my house we saw a sign, For Rent by Owner. We called the number on the sign and arranged to meet the owner at the house in an hour.

Talk about Universe giving you anything you ask for! It was a perfect house for my friend and her family. It was everything she and her husband had discussed and more. It was bigger than they hoped yet within their budget. It was an ideal location, on the ideal lot with the ideal setting. The house is light, spacious and perfect! To top it off, the For Rent sign had just gone up that morning. We were the third people to inquire about it and as we were leaving the owner took down the sign - done deal!

We called her husband when we got back to my house and he agreed to come up and look at the house. Like little kids we made plans and speculated on our Big Bear future as neighbors. Well, to make a long story short, her husband liked the house and everything about it, but he still rejected the whole idea of living in Big Bear at this time. The story doesn't end here. It was all so perfect we wondered how it could have fallen through or how they would find any place better.

As usual, God works in Divine Time and this story has a happy ending. We'd decided to use what we'd learned in our classes and trust God and his plan. As hard as it was to believe, we clung to the knowledge that something even better is in the future. So far my friend's kids are all thrilled that their parents aren't

moving. Their present landlord was so glad to keep them as tenants he lowered their rent and promised to do some special work to their present home. They are also glad to have the summer for fun instead of packing and moving. Plus, they have the excitement of waiting to see what is in God's plan for their future!

And so it is!

Sherrie Kral
R.Sc.P.

SNOW SUMMIT



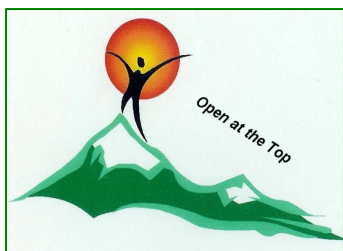
When I was told that the Bear Valley Center for Spiritual Enrichment was planning a second summer Sunday Service at the top of Snow Summit and that I was to be the speaker, "thrilled" is the only word that describes how I felt.

I was asked to provide a title and without hesitation, I said that it was **Open at the Top**. Since this is the motto of the Center, I could think of nothing better. If ever an organization epitomized its adage it is this one. To have the opportunity to speak from the mountain top about this spiritual haven is surely my honor and privilege.

In my thinking a spiritual center should be open, welcoming and joy filled. This completely describes my new spiritual home. It is an all accepting family who with sincerity embrace all who come through their doors. The musicians and the choir 'High Spirits' certainly express their talents with an unbridled fervor that is infectious. The message is always delivered with a desire to allow the listener to clearly see and be able to act upon their infinite potential. Clearly, there is something wonderful happening here.

To be "Open at the Top" means to be without limits to the soaring possibilities of human consciousness. What better place to express this sentiment than at the top of beautiful Snow Summit in the company of fellow seekers.

Rev. Dr. Linda Logan



Book Recommendation – August 2011 From Imagine Gift Shop

**Gift of Forgiveness:
A Magical Encounter
with Don Miguel Ruiz**

Author: Olivier Clerc
80 pages
\$9.95



Amazon says: Detailing the author's attendance at a Toltec workshop with don Miguel Ruiz in Teotihuacán, Mexico, this guide unearths and explores the unique and simple tool of forgiveness. The resource explains how this practical and powerful tool is believed to have immediate impact by bringing relief while unleashing love that has been blocked by personal resentments. Through the magic of reversal taught in this useful reference, readers can change their understanding of forgiveness and free themselves from the grip of resentment and hatred.

Olivier Clerc is a translator, an editorial consultant, and the author of six books, including *Lessons from a Frog: Seven Life-Enhancing Metaphors* and *Modern Medicine: The New World Religion*.

Monday Meditation

(Every Monday 6:30-7:30 pm)

with Janet Grace Nelson, ALSP



We look forward to having you all join us for these intimate gatherings of community Love.

August Theme

*"A Gust of Wind is a Hug from GOD"
Janet Grace will share a variety of meditation and visualization techniques to assist us on this journey of Higher Consciousness and Connection to this thing called LIFE...*

August Jewelry Class

The jewelry classes are very popular – ask anyone who’s been there! They’re hooked (no pun intended ☺).

Jewelry Classes "CHAKRA Magic" **Saturday, August 13** **10am - noon**



**Chakra Necklace OR
Earrings**

Come join us for this exciting and informative "Chakra Magic" class. In addition to creating a beautiful Chakra Necklace OR Earrings, Janet will be sharing awesome information about the Chakras (Energy Centers in the Body) and gifting every student that day with a Chakra Balancing experience....

ALL Materials & Instructions Included **ONLY \$40**.
Don't Miss this opportunity and FUN....

CALL Janet Grace TODAY: 818-378-8663



August Birthdays



Don Meline	August 1
Sherry Noone	August 16
Margo Penardi	August 20
Jane Hewitt	August 21
John Olenick	August 27

June 2011 Operating Financials *(Excludes Designated & Imagine Funds & TCW event)*

Collections	\$ 5,092
Other income	\$ 5,231
Total income	\$ 10,323
<i>Expenses</i>	(\$ 7,572)
Net regular June income	\$ 2,751

Net from Terry Cole Whittaker Retreat

Income	\$18,299
<i>Expenses</i>	(\$11,458)
Net	\$ 6,841

June Attendance

	Adults	Children
June 5 th	46	2
June 12 th	86	0
June 19 th	38	3
June 16 th	35	7
Total	205	12
 June Avg	 51	 3

Summer Spiritual Weekend in Big Bear August 27 & 28, 2011

The Bear Valley Center for Spiritual Enrichment is offering a ***Summer Spiritual Weekend*** August 27 and 28th. Those of you who joined us in June during the Terry Cole Whittaker Retreat will remember the wonderful service we had at the top of Snow Summit. Love was in the air ... along with joy and peace and happiness. If you were unable to make it, or didn't hear about it, here's your chance to see what you missed.

To start off our weekend we are offering a ***Spiritual Hike*** put on by the Center on ***Saturday the 27th from 9-11 a.m.*** It will be appropriate for all level of hikers, beginners to experienced. There is no cost, just come to commune with Nature and have fun. Meet at Janet Grace Nelson's house at 43345 Ridgecrest Drive (in Moonridge, at intersection of Sand Canyon & Ridgecrest).

That evening at ***6:00 p.m. is our monthly potluck dinner followed by a movie and popcorn.*** This is held at the Center and we promise to serve the best medicine there is - ***laughter*** and fun! So come on out, make some new friends, feast on great food and see an inspirational movie. (Last month we watched "*A Beautiful Mind*" with Russell Crowe - Wow!)

The Sunday Service that weekend, August 28th, will be held at the top of ***Snow Summit at 10:00 a.m.*** Our very own Rev. Dr. Linda Logan will speak, and her topic is ***"Open At The Top."*** Janet Grace Nelson will once again bless us as practitioner with her wonderful opening and closing prayers and a short meditation. Also performing will be our choir, High Spirits, with Michael Cross and Paul Penardi accompanying them.

Lift tickets will be available in advance at the Center or at the bottom of the lift that day. They are \$10 for members and \$20 for non-members. The service is at 10:00 a.m. The lift starts operating at 9:00 a.m. and takes 18 minutes to get to the top be sure ***you're on the lift no later than 9:30*** so you have time to get there and settled. There is food available to purchase if you wish after the service.

If you were thinking of joining our wonderful Center, this is your opportunity and you can save money at the same time! New members will be welcomed into the congregation with a short ceremony the week before the event at our regular 11:30 Sunday Service August 21st.

We are a nondenominational Spiritual Center, a Religious Science New Thought Community, enjoying a philosophy and way of life that will enhance whatever you want to be. Try us, you'll like us!

To sum it up, we are offering a Spiritual Hike at 9:00 a.m. on Saturday, Saturday night is our Potluck/Movie night, 6:00 at the Center on Bonanza Trail and Sunday at 10:00 a.m. is our Sunday Service at the top of Snow Summit. Mark your calendars; you'll be glad you did.

Lessons Life Taught Me

Written by Regina Brett,
53 years old,
Columnist for the Plain Dealer,
Cleveland, Ohio.

"To celebrate growing older, I once wrote the 45 lessons life taught me. It is the most requested column I've ever written."

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with God. He can take it.
9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't screw up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye. But don't worry; God never blinks.
16. Take a deep breath. It calms the mind.

Lessons Life Taught Me (continued)

17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood, but the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
22. Over prepare, then go with the flow.
23. Be eccentric now. Don't wait for old age to wear purple.
24. No one is in charge of your happiness but you.
25. Frame every so-called disaster with these words 'In five years, will this matter?'
26. Always choose life.
27. Forgive everyone everything.
28. What other people think of you is none of your business.
29. Time heals almost everything. Give time, time.
30. However good or bad a situation is, it will change.
31. Don't take yourself so seriously. No one else does.
32. Believe in miracles.
33. God loves you because of who God is, not because of anything you did or didn't do.
34. Don't audit life. Show up and make the most of it now.
35. Growing old beats the alternative -- dying young.
36. Your children get only one childhood.
37. All that truly matters in the end is that you loved.
38. Get outside every day. Miracles are waiting everywhere.
39. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
40. Envy is a waste of time. You already have all you need.
41. The best is yet to come...
42. No matter how you feel, get up, dress up and show up.
43. Yield.

44. Life isn't tied with a bow, but it's still a gift.

45. Friends are the family that we choose. !!

ADVERTISE!

Let your spiritual community know about the services and products you provide. *We want to support you!* You are invited to advertise your business in our monthly newsletter, which reaches over 300 people. Please provide camera-ready art and a check for \$25 to the church office (or any Board member) for the September issue by August 15th.

Questions? Call 909-866-7100



Caterer
Denise Cavalli
(909) 557-0428
denise_13062@msn.com www.bigbearcaterer.com



Holly says....
**Attitude is everything
SO....
Pick a good one!**
and pass it along....



Spiritual Journeys
ALL ARE WELCOME
**Wednesday Meditation
Group 10 AM**
816 Mountain Lane
Big Bear City, CA
909-585-5350
dwlyc@hotmail.com
CAROLYN DAWLEY, R.Sc.P.



Reiki & Jin Shin Jyutsu
Intuitive Body, Mind & Spiritual Work
Dixie Madden
jadestonegifts@gmail.com
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This newsletter is being sent to someone who is loved and respected.

Bear Valley Center for Spiritual Enrichment
A Religious Science Community
P. O. Box 4184, Big Bear Lake, CA 92315

Sunday Service: *11:30 a.m.*
Address: *578 Bonanza Trail*
Big Bear Lake (across from Little Greenhouse, next door to MaMa Bear's Vitamins)

Phone: 909-866-7100

Fax: 909-866-7100

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Visit our website at:
[*www.bvcse.org*](http://www.bvcse.org)



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